

## ATTACHMENT 1: ENRICHMENT IDEAS

The internet is FULL of enrichment ideas – just remember: Your dog decides what’s enriching, not you. The internet may say a sniffy walk around the neighborhood is an excellent form of enrichment, but if your foster is too nervous to enjoy his/her time out .. it’s just stressful. Tailor all exercises so that your dog is excited to participate!

Paws In Thrift (16040 W National Ave, New Berlin, WI 53151) has LOTS of enrichment toys/mats – please stop in and let them know you are a foster and they'll provide you with the supplies! Make sure to check facebook for their open hours.

Enrichment Goal	Low/No-cost and DIY options	Purchased Items
Physical / Exercise	<ul style="list-style-type: none"> <li>• Neighborhood walk</li> <li>• Make a flirt pole (stick or PVC + rope + toy) for chasing games</li> <li>• Indoor obstacle course using cushions, boxes, broom handles, tunnels made from chairs &amp; towels</li> <li>• Tug toy from braided old T-shirts, fleece, or rope strips (knotted ends)</li> <li>• Long line walk in a field</li> <li>• Swimming               <ul style="list-style-type: none"> <li>- In open water, dog must wear a life preserver, and area must be contained and/or the dog remains on a long line</li> <li>- Make sure the water is safe for swimming (No large waves, no algae/bacteria concerns, temperature is appropriate, etc.)</li> <li>- Dogs can die from ingesting too much water. Keep sessions short, especially for enthusiastic dogs.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Flirt pole / teaser wands</li> <li>• Dog agility kit / tunnels / jumps</li> <li>• Durable tug toys</li> <li>• Automatic ball launcher / fetch machines</li> <li>• Sniff spots (within MKE county, must be fully fenced in OR dog must remain on leash at all times)</li> <li>• Swimming               <ul style="list-style-type: none"> <li>- FoM has an account set up with <b>Aqua Therapups in Brookfield</b>. Please contact <a href="mailto:outreach@friendsofmadacc.org">outreach@friendsofmadacc.org</a> to schedule your appointment.</li> </ul> </li> <li>• Gym rentals               <ul style="list-style-type: none"> <li>- FoM has an account set up with <b>Canine Einstein in Bayview</b>. Please contact <a href="mailto:outreach@friendsofmadacc.org">outreach@friendsofmadacc.org</a> to schedule your appointment.</li> </ul> </li> <li>• Agility classes               <ul style="list-style-type: none"> <li>- Judi Fischer of Agility Possibilities in Oak Creek has limited spots available for foster pups. If you are interested in having your dog take an agility class contact <a href="mailto:outreach@friendsofmadacc.org">outreach@friendsofmadacc.org</a> to discuss options.</li> </ul> </li> </ul>

Enrichment Goal	Low/No-cost and DIY options	Purchased Items
<b>Cognitive / Problem Solving</b>	<ul style="list-style-type: none"> <li>• Muffin tin puzzle: place treats in cups, cover some with tennis balls or crumpled paper</li> <li>• Cup / shell game (hide treat under one of multiple cups)</li> <li>• Roll food in a towel or in crumpled paper layers and let dog unroll it</li> <li>• Puzzle box: nest boxes or folded cardboard hiding treats inside</li> </ul>	<ul style="list-style-type: none"> <li>• Commercial puzzle feeders (e.g. sliding puzzles, rotating puzzles)</li> <li>• Treat-dispensing balls or cubes</li> <li>• Interactive puzzle boards / "snuffle" feeders with compartments</li> <li>• IQ / brain-training toy sets</li> </ul>
<b>Sensory / Smell / Foraging</b>	<ul style="list-style-type: none"> <li>• Snuffle mat or snuffle box: hide kibble or treats in fleece strips, shredded fabric, or cardboard</li> <li>• Scent trails / "find it" game: hide treats around the house or yard and cue dog to sniff them out</li> <li>• Dig pit (in sand, soil, or in a plastic container) with buried toys / treats</li> <li>• Pupsicles: freeze mixtures of treats, broth, etc. in ice cubes or red peppers for them to lick/excavate</li> <li>• Put kibble/treats inside of toilet paper/paper towel rolls and pinch the ends or stuff with newspaper</li> </ul>	<ul style="list-style-type: none"> <li>• Commercial snuffle mats / boxes</li> <li>• Scent-work kits (e.g. hide scent disks)</li> <li>• Foraging balls / treat-dispensing sniff toys</li> <li>• Frozen kongs/toppls/lickmats etc.</li> <li>• Scent work class <ul style="list-style-type: none"> <li>- Judi Fischer of Agility Possibilities in Oak Creek has limited spots available for foster pups. If you are interested in having your dog take a scentwork class contact <a href="mailto:outreach@friendsofmadacc.org">outreach@friendsofmadacc.org</a> to discuss options.</li> </ul> </li> </ul>
<b>Food / Meal Enrichment</b>	<ul style="list-style-type: none"> <li>• Scatter feeding: instead of a bowl, scatter kibble in grass or around a room</li> <li>• Multiple bowls / hidden bowls: divide meal into portions and hide in different places, maybe under blankets or behind furniture</li> <li>• DIY treat dispenser: plastic bottle with holes, covered in a sock for softness, so dog rolls to get kibble out</li> <li>• Busy box: fill a box with treats hidden within shredded paper inside the box</li> </ul>	<ul style="list-style-type: none"> <li>• Slow feeder bowls (maze style) • Kong (stuffable) or other hollow chew / treat toy • Treat-dispensing puzzles • Feed-through puzzles / feeding mats</li> </ul>

Enrichment Goal	Low/No-cost and DIY options	Purchased Items
<b>Social / Bonding / Interaction</b>	<ul style="list-style-type: none"> <li>• Hide-and-seek: you or a family member hide and call the dog to find you (use cues like "where are you?")</li> <li>• Training games (learning new tricks, placing, targeting)</li> <li>• Tug + fetch sessions alternating with rest</li> <li>• "Clean up" game: have the dog pick up toys and put them into a basket (fun "job")</li> <li>• Canine Fitness – contact <a href="mailto:info@twoleftfeetcaninefitness.com">info@twoleftfeetcaninefitness.com</a> to schedule a session</li> <li>• Pack walk with other dog-friendly dogs</li> </ul>	<ul style="list-style-type: none"> <li>• Interactive tug toys (that resist / have texture)</li> <li>• Remote-controlled flirt pole / teaser with handle</li> <li>• "Automatic" toys you can trigger remotely</li> <li>• Puzzle + interaction hybrids (e.g. you trigger, they fetch / solve)</li> <li>• Training classes <ul style="list-style-type: none"> <li>- Training classes may be covered by FoM/MADACC based on necessity. Fosters must gain approval before taking the dog to other trainers.</li> <li>- Trainers must use positive reinforcement methods at all times.</li> </ul> </li> </ul>

